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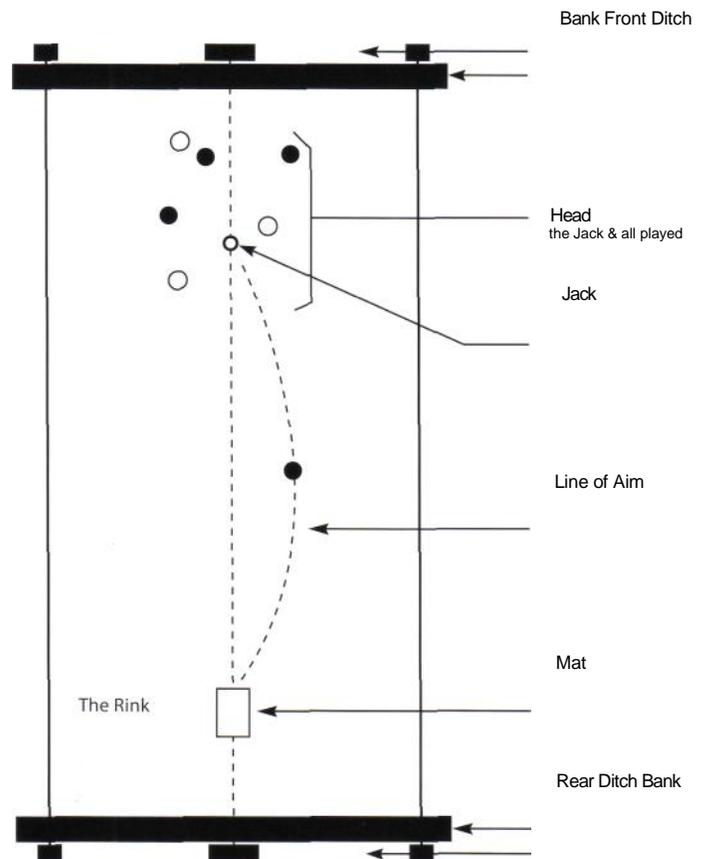
## HOW TO GUIDE FOR BEGINNING BOWLERS

We're looking to Bowl you over!

Consider this your introduction to Lawn Bowling or, simply "Bowls". The game has been played, in one form or another, for thousands of years, combining strategy, competition, sociability, and affordability, but mainly, a whole lot of fun. It's a simple game to learn - and one that takes a lifetime to master. This handout will provide you a basic outline of the game. Enjoy yourself and we promise to be gentle the first time. After that, you're fair game. And now, let's go lawn bowl!

### What's Bowls all about?

Bowls is played on a large smooth grass surface, called a "green". Equipment includes your bowls, which are large, **hard resin balls with a bias to them**, so that they travel along an elliptical path, rather than going straight; another small, white, smooth, ball called a "jack"; and a mat from which you bowl. The object of bowls, as in curling, is to get your bowls closer to the jack than your opponent. This is achieved by players from each team taking turns **rolling** their bowls down the green toward the jack.



## **RULES FOR MIXED TRIPLES**

### **Setup**

1. Players will use only **three** bowls in the triples format.
2. The mat should be laid a minimum of 2m from the ditch in the centre of the rink.
3. The jack is delivered from the mat and has to be a least 23 m from the front of the mat and centred in the rink; i.e. past the white lolly-pop.
4. The mat can be moved to provide a different starting point on the rink at the beginning of an end.

### **The Play**

1. **Order of Play:** a la curling - first leads, then seconds, skips last. Alternate between teams until each player has thrown all three bowls.
2. **One foot must remain on the mat** during delivery of the jack and every bowl.
3. **If the bowl comes to rest outside the rink markers**, it is out of play and should be removed from the green.
4. Bowls that, during their delivery, **hit jack & remain in play should be marked with chalk** as these remain in play if they are later knocked into the ditch.
5. **Bowls that end up in the ditch are out of play** & should be removed from the green UNLESS they came into contact with the jack when they were delivered, in which case they should have been marked with chalk and left in the ditch.
6. **Jacks knocked into ditch remain in play.**

### **Scoring**

**Same as curling:** The team whose bowl is closest to the jack scores, as does all other bowls of that team which are closer than the opposition's nearest bowl.

***Do not move any bowls until both teams are happy with the count.***